



# Welcome to Old Bedford Road, Luton

Recently refurbished, this highly specialised supported living accommodation has two self-contained flats and 2 en-suite bedrooms, providing 24/7 support for 4 adults aged 18+ with autism spectrum conditions or learning disabilities. At Old Bedford Road, team members provide support on a 1:1 or greater basis for complex needs and/or behaviours which may challenge others., with support also available from PBS experts from our health and wellbeing team.

It's located north of Luton in the Barnfield area, making it very well positioned for someone who enjoys being in the outdoors. It's surrounded by green spaces, accessible by bus, or by car, and has the benefit of being only a 15-minute drive into the centre of Luton and all its main attractions.

In addition to its lounge, dining room and kitchen, Old Bedford Road also has an indoors activity room on the ground floor, as well as a garden room for wellbeing and learning. The garden itself comes with a small lawn and opens out from the double patio doors inside the house. These spaces make it the perfect environment for participating in activities during the waking day such as domestic skills, art and craft, sensory tasks, gardening, reading, and many more.

## About Old Bedford Road

For individuals with a higher acuity of need for supporting autism spectrum conditions and associated conditions and behaviours, Old Bedford Road can offer a safe and enabling environment.

Our highly skilled team is on hand to create a bespoke communications and support plan, led by the person being supported.

## Life at Old Bedford Road

Our homes are located within towns and villages enabling those we support to integrate themselves, as much as possible, within the local community. Old Bedford Road is situated close to the town centre of Luton, which provides easy access to many shops, eateries, leisure facilities, parks, cinemas and more.

## Who would be suited to this home?

This home might best suit someone who requires at least 1:1 support during the day and night, aged at least 18 years, who is male, or female. It would be ideal for someone who would benefit from support in accessing the community, and who may be transitioning into adulthood from family homes, colleges, or moving under the transforming care programme.

**Support for people with complex autism by a highly specialised team**



**Achieve together**

## Who are we?

Alderwood LLA is part of Achieve together, which is one of the UK's leading providers of support for people with learning disabilities, autism, PMLD, deafness, hearing loss and associated complex needs.

Alderwood is the specialist division for supporting autism spectrum conditions within Achieve together with a guiding principle to provide care and adult education as an integrated system within a framework of small 'family' type homes.

Over the years Alderwood LLA has become known as one of the leading providers of care and education for those with a diagnosis of autism and behaviours which challenge others, in turn enabling people we support to live a meaningful and fulfilling life.

## Our Values



**Live & Learn**

We live and learn Autism to enhance the lives of those we support.



**Inclusive**

We put the people we support at the forefront of everything we do.



**Transforming**

We transform people's lives, those we support and our colleagues.



**Holistic**

We are holistic in our approach to improve the lives of those we support.

To make a referral or to discuss this service in more detail:

Call: 0330 912 7891

Email: [info@alderwoodlla.co.uk](mailto:info@alderwoodlla.co.uk)